

CERTIFICATE OF PARTICIPATION

This is to certify that

Frik Fourie

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2018 #6

held at Cowhouse Market.

TIME 01:22:09

PACE 05:27/km

OVERALL 8 of 26

GENDER 7 of 13

OPEN 5 of 6

07 October 2018, Sun

Date



BoutTime

Signature

